

Recommended Resources to Teach the “Art” of Nursing

As a newer nurse educator who remains current in clinical practice, I have found the following resources relevant to strengthen my understanding of the “art” of nursing. Use these articles to guide student discussion and dialogue with case studies that have relevance to these topics.

Caring

- Benner, P. & Wrubel, J. (1988). Caring comes first. *American Journal of Nursing*, 88(8), 1073–1075.
- Benner, P. & Wrubel, J. (1989). *Primacy of caring: Stress and coping in health and illness*. Menlo Park, CA: Addison-Wesley Publishing Company.
- Cronin, S., & Harrison, B. (1998). Importance of nurse caring behaviors as perceived by patients after myocardial infarction. *Heart & Lung*, 17, 374–381.
- Nelms, T. P., Jones, J. M., & Gray, D. P. (1993). Role modeling: A method for teaching caring in nursing education. *Journal of Nursing Education*, 32(1), 18–23.
- Orlick, S. & Benner, P. (1988). The primacy of caring. *American Journal of Nursing*, 88(3), 318–319.
- Swanson, K. M. (1991). Empirical development of a middle range theory of caring. *Nursing Research*, 40(3), 161–166.
- Swanson, K. M. (1999). *What is known about caring in nursing: A literary meta-analysis*. In A.S. Hinshaw, S.L. Feetham, & J.L.F. Shaver, eds. *Handbook of clinical nursing research*. Thousand Oaks, CA: Sage Publications.

Spiritual Care/Presence

- Dameron, C.M. (2005). Spiritual assessment made easy...with acronyms! *Journal of Christian Nursing*, 22(1), 14-16.
- Faas, A.I. (2004). The intimacy of dying: An act of presence. *Dimensions of Critical Care Nursing*, 23(1), 76-78.
- Murphy, L.S., & Walker, M.S. (2013). Spirit-guided care: Christian nursing for the whole person, *Journal of Christian Nursing*, 30(3), 144-152.
- Rex-Smith, A. (2007). Something more than presence. *Journal of Christian Nursing*, 24(2), 82-87.

Civility

- Bartholomew, K., (2006), *Ending nurse to nurse hostility: Why nurses eat their young and each other*. Marblehead, MA: HCPro Incorporated
- Clark, C.M. (2011). Pursuing a culture of civility: An intervention study of one program of nursing, *Nurse Educator*, 36(3), 98-102.
- Clark, C. M. (2008). The dance of incivility in nursing education as described by nursing faculty and students. *Advances in Nursing Science*, 31, E37–E54.
- Clark, C. (2013). *Creating and sustaining civility in nursing education*, Indianapolis, IN: Sigma Theta Tau International Publishing.

- Clark, C. M. (2013). National study on faculty-to-faculty incivility: Strategies to foster collegiality and civility. *Nurse Educator*, 38(3), 98–102.
- Clark, C. M., Olender, L., Kenski, D., & Cardoni, C. (2013). Exploring and addressing faculty-to-faculty incivility: A national perspective and literature review. *Journal of Nursing Education*, 52(4), 211–218.
- Dellasega, C. A. (2009). Bullying among nurses. *American Journal of Nursing*, 109, 52–58.
- Goldberg, E., Beitz, J., Wieland, D., & Levine, C. (2013). Social bullying in nursing academia. *Nurse Educator*, 38(5), 191–197.
- Griffin, M. (2004). Teaching cognitive rehearsal as a shield for lateral violence: An intervention for newly licensed nurses. *The Journal of Continuing Education in Nursing*, 35, 257–263.
- Sprunk, E.A., LaSala, K.B., & Wilson, V.L. (2014). Student incivility: Nursing faculty lived experience. *Journal of Nursing Education and Practice*, 4(9), 1-12.
- Szutenbach, M. (2013). Bullying in nursing: Roots, rationales, and remedies, *Journal of Christian Nursing*, 30(1), 16-23.

Nurse Communication

- Wright, L.M. & Leahey, M. (1999). Maximizing time, minimizing suffering: The 15-minute (or less) family interview. *Journal of family nursing*, 5(3), 259-274.

Self-Care

- Alexander, L. L. (2012). Burnout–impact on nursing. Retrieved from <http://www.netce.com/coursecontent.php?courseid=827>
- Maslach C. (2003). *Burnout: The cost of caring*. Cambridge, MA: Malor Books.
- Hummel, C. (1967). Tyranny of the urgent. Retrieved from <http://www.my279days.com/wp-content/uploads/2010/08/Tyranny-of-the-Urgent.pdf>
- Swenson, R. (2004). *Margin: Restoring emotional, physical, financial, and time reserves to overloaded lives*. Colorado Springs, CO: NavPress.
- Yoder, A. (2010). Compassion fatigue in nurses. *Applied Nursing Research*, 23, 191-197.

Websites

- Civility Matters: <http://hs.boisestate.edu/civilitymatters/>